



LUNCH

The General Store Cafe

Monday thru Saturday
from 11:30-3:00
No grill items served be-
tween 3:00 -5:00

Starters

Soup of the day Bowl \$3.95 .. Cup \$2.95
Chips and Salsa.....\$2.50 Guacamole.....\$1.95 Cheese Nachos with Salsa.....\$3.95

Salads

Garden Salad Large \$5.25 Small \$3.75
(organic leaf lettuce mix, tomato, red onions, carrots, cucumbers & croutons)
Greek Salad.....Large \$5.95 (includes crostini w/ olive tapenade).....Small \$4.95
(Organic greens, olives, feta, red onions, tomato, & croutons)
Caesar Salad \$5.25 add Marinated Grilled Chicken Breast \$8.75
Tuna Salad Plate \$5.50
Chicken Salad Plate (with red grapes and pecans)..... \$5.95
Dill Pasta Salad (with red peppers & feta)..... Large \$5.25 Small \$3.50
Beet Walnut Salad Large \$5.25 Small \$3.50
Potato Salad Large \$5.25 Small \$3.50
Salad Platter - choice of 3 of the above (only one of chicken, tuna or Greek) or add .75¢ ea ... \$7.95
Mediterranean Platter (stuffed grape leaves, hummus, baba ganouj, tabouleh, pita, feta, olives & tzatziki) \$7.95
Taco SaladLarge \$6.95 Small \$4.95 with Chicken Breast or Tempeh add \$3.50

Dressings: Balsamic Vinaigrette, Lemon Tahini,
Miso Sesame Lime, Creamy Garlic Herb
or Blue Cheese

Sandwiches or Wraps

Sandwiches come with mayo, lettuce & tomato unless otherwise noted.

Bread: Black Russian, Vienna White, Rye, Sunflower,
Multi-grain Wheat, Sourdough

Cup of Soup or House Salad & $\frac{1}{2}$ Sandwich **** \$5.75 ***** Chicken Salad add .50¢
Smoked Turkey and Provolone \$5.95
Virginia Baked Ham and Swiss \$5.95
B.L.T. (Applewood smoked Bacon) \$5.95
Vegetarian BLT (smoked mozzarella)..... \$5.75
Avocado Club (avocado, tomato vinaigrette, smoked mozzarella and red onion) *not available as a half \$7.25
Tuna Salad \$5.75
Chicken Salad \$5.95
Mediterranean Delight (hummus, lettuce, red onions, feta and tzatziki on pita bread) *not available as a half ... \$6.95

Sandwiches served W/Pickle & Chips

(Over for more)

All Signature Sandwiches come with your choice of Focaccia or Ciabata bread and choice of salad (house, beet, potato or pasta) Greek salad add .75¢

Signature Sandwiches

Grilled Chicken

Breast\$ 8.95

- extraordinary - guacamole, Swiss cheese, red onions, peppers, and roasted red pepper aioli

Cajun Blackened Tuna Steak\$ 8.95

- organic greens, red onions, roasted tomatoes and balsamic vinaigrette

Portobello Veggie - guacamole, red onions, cucumbers and roasted tomatoes\$ 7.50

Grilled Veggie & Swiss - with red onion, mushrooms, and roasted tomatoes\$ 7.50

Entrees

Quiche of the day - *with house salad.* (meat quiche add 50¢)\$ 6.25

with Greek salad or cup of soup\$ 6.75

Famous New Mexican Burrito*Grande* \$6.95 *Lunch size* \$ 5.95

- Cheesy bean burrito with green chili or red sauce - served with chips, salsa and sour cream

Pittsburrrito.....\$ 7.25

- black beans, spinach, cheese, brown rice, green chili or red sauce - served with chips salsa and sour cream

Spinach Quesadilla - *w/brown rice & black beans*\$ 7.25

Chicken Quesadilla - *w/brown rice & black beans*\$ 7.95

Black Bean Soft Tacos -*w/chips, salsa, sour cream, lettuce, tomatoes, cilantro*\$ 5.95

Chicken or Tempeh Soft Tacos\$ 7.95

-*w/black beans/rice, salsa, sour cream, lettuce, tomatoes, cilantro sauce*

Guacamole Tostada - *Brown rice, Black beans, sour cream, salsa*\$ 7.25

Mexican Tamale - *Chicken, Pork or Cheese & Jalapeno* - *w/brown rice & black beans*\$ 7.25

Black Beans and Rice - *with cheese, salsa, sour cream and tortilla* Large \$ 6.50 ··· Small \$4.50

Extra serving of pita, sour cream, cheese, etc50¢

Extra serving of chili chicken or bacon.....\$ 2.00 Chicken Breast or Tempeh.....\$ 3.50

Beverages

Fountain Drinks, Iced tea, Lemonade

Bottled drinks available in our cooler - Large variety available

Counter Culture Coffee - Espresso and specialty coffee drinks

See our board for the full list

Desserts

Cookies, Brownies, Apple Walnut Crumb cake

You can also top it with Breyer's ice cream

Cheesecake—check today's flavor

Peach or Mixed Berry Cobbler (served hot with frozen Breyer's on top)

Kids Menu \$4.75

Kathleen's Kangaroo Burrito w/ black beans and rice

Pasta with Cheese - Cheese Quesadilla - Pita Pizza - PB&J with chips and a pickle



Gift Certificates Available for any denomination & can be used incrementally or all at once